

Over-the-Counter Drug Listing

| Over-the-Counter Drugs Used Primarily for Medical Care. These are reimbursable with only a third-party receipt. No recommendation from a health care provider is required. | |
|---|--|
| <i>Type of Drug</i> | <i>Examples</i> ¹ |
| Allergy Prevention & Treatment | Benadryl, Sudafed, Actifed, Claritin, Chlor Trimeton, and Nasalcrom |
| Antacids and Acid Reducers | Gas-X, Maalox, Mylanta, Tums, AXID AR, Pepcid AC, Prilosec OTC, Tagamet HB, and Zantac 75AXID AR, Prilosec OTC, Tagamet HB, and Zantac 75; |
| Anticandial | Femstat 3, Gyne-Lotrimin, Mycelrx-7, Monistat 3, 7, and Vagistat-1 |
| Antihistamines | Actidil Syrup and Capsules, Actifed, Allerest, Benadryl, Claritin, Chlor-Trimeton, Contac, Dimetane, Drixoral, Nyquil, Sudafed, Tavist-1, and Triaminic |
| Antidiarrheal and Laxatives | Ex-Lax, Pepto-Bismol, Immodium A.D. and Kaopectate |
| Anti-fungal | Lamisil AT, Lotramin AF, and Micatin, |
| Anti-itch Lotions and Creams (e.g., for athletes foot, jock itch, bug bites, poison ivy) | Bactine, Caldecort, Cortaid, Hydrocortisone, and Lanacort, Calamine Lotion, Benadryl Cream, Caladryl, Cortaid, Lamisil AT, Lotramin AF, and Micatin |
| Asthma | Primatene Mist |
| Cold Sore/Fever Blister | Abreva Cream, Carmex |
| Condoms and other contraceptive devices | Trojans, Magnum, VGF Film and Delfen Contraceptive Foam |
| Contact Lenses Solutions | Bausch & Lomb, Renu, Aosept, Allergan, Boston and Opti-Free |
| Cough Suppressants | Robitussin, Vicks 44, Chloraseptic |
| Decongestant/ Nasal Decongestant and Cold Remedies | Advil Cold and Sinus, Afrin, Afrinol, Aleve Cold and Synus, Children's Advil Cold, Duration, Dristan Long Lasting, Neo-Synephrine- 12 Hour, Orrivin, Sudafed, Tavist-D, Tylenol Cold and Flue, Thera-flu, Alka Seltzer Cold and Flu, Nyquil, Actidil Syrup and Capsules, Actifed, Allerest, Benadryl, Claritin, Chlor-Trimeton, Contac, Dimetane, Drixoral, Sudafed, Tavist-1, and Triaminic |
| Diaper Rash Ointments | Balmax and Desitin |
| Eye Drops for Allergy/Cold Relief | Ocu Hist |
| First Aid Supplies | Ace Bandages, Band-Aids, Bandage Tape, Thermometers, Medical Gloves, Gauze, Neosporin, Rubbing Alcohol and Visine |
| Hemorrhoid Treatments | Preparation H, Hemorid, and Tronolane |
| Internal Analgesic/antipyretic | Advil, Aleve, Children's Motrin, Nuprin, Excedrin, Tylenol and Bayer |
| Incontinence Supplies | Depends |
| Liniments | BenGay, Tiger Balm and Flexall |

¹ This list is not an exhaustive list and is intended to give examples of some of the most common brand names of OTC drugs.

| | |
|--|---|
| Medical Monitoring | Services and Bracelets specifically for medical information. |
| Medical Products and Devices | Blood Pressure Monitor, Glucose Tester, HIV Test, Cholesterol Test, Diabetic Supplies, Crutches, Ovulation Monitor and Pregnancy Testing Kits |
| Menstrual Cycle Medications | Midol, Pamprin, and Premysyn PMS |
| Migraine | Advil Migraine Liqui-gels, Excedrin Migraine, Motrin Migraine Pain, |
| Motion Sickness Medication | Dramamine and Marizine |
| Nicotine Gum or Patches and Smoking Cessation Aids | Nicorette, Nicotrol, and Nicodin |
| Pediculicide (head lice) | Nix |
| Poison Ivy Protection | Ivy Block |
| Smoking Cessation | Commit, Nicoderm CQ, Nicorette, Nicotrol, |
| Toothache and teething pain relievers | Orajel |
| Wart removal medications | Tinamed |
| Dual Purpose OTC Drugs. These require a third-party receipt and a note from the Health Care Provider listing the diagnosis of the medical condition and the recommendation of the OTC Drug. | |
| Anti-baldness/hair loss/ hair replacement/ such as Rogaine, but only if to replace hair loss due to a medical condition (e.g. cancer treatment) and not for balding due to age. | |
| Fiber supplements such as Benefiber and Metamucil | |
| Glucosamine/Chondroitin for arthritis or other medical condition (not reimbursable if taken for overall joint health) | |
| Herbal supplements used to treat a specific disease such as St. John's Wort for depression | |
| Hormone Therapy Drugs | |
| Medicated shampoos' to treat a specific medical condition like psoriasis and only the amount in excess of the cost of normal shampoo. | |
| No Doz (and other sleep prevention drugs) | |
| Nose strips for proper breathing or other medical conditions | |
| Pedialyte for a child's dehydration | |
| Retin-A and other acne medicines (not reimbursable if used for cosmetic purposes such as wrinkle reduction) | |
| Sleep-Aids | |
| Snoring cessation aids and medications such as Breathe Right Spray, Snorezz | |
| Sunscreen and Sunblock | |
| Vitamins are not an eligible expense, unless prescribed by a physician to treat a specific medical condition. (i.e. Iron to treat, not prevent, anemia; Calcium Supplements to treat, not prevent, Osteoporosis). A doctor's note detailing the specific medical condition will be required for reimbursement. | |
| Weight loss/dietary supplements must be for a specific medical condition such as obesity | |
| OTC Items Not Reimbursable. These OTC drugs or other products are not considered medical care and therefore would not be reimbursable through the plan. | |
| Chapstick | |
| Cosmetics | |
| Cotton Balls | |
| Deodorants | |
| Face creams, moisturizers, eye creams, and wrinkle reducers | |

| |
|---|
| Feminine Hygiene Products such as tampons and maxi pads |
| Food Items (i.e. Slim Fast) |
| Hair removal treatments and waxes |
| Mouth washes, antiseptics and oral anesthetics |
| Shaving Cream and Razors |
| Soap |
| Teeth Whitening kits, and powders |
| Toothpaste |
| Vitamins taken to improve overall-health |